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CHINESE MEDICINE IS BASED ON QI-GONG

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DO YOU HAVE A STORY?

If you have a testimonial or experience about Tian Gong and would love to share please send your story to:

Tian Gong Journal
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Elk Grove, CA 95758
or by email:
Chelsypham@yahoo.com

By: Steven Ginsberg, L.Ac., OMD
Doctor of Chinese Medicine,
October 21, 2004

I have been practicing Chinese Medicine as a Doctor of Chinese Medicine for 19 years. My practice consists of acupuncture, herbal remedies and Qi-gong. Qi-gong is the highest form of Chinese Medicine; Chinese medicine is based on Qi-Gong.

I have studied with Grand Master for approximately six years. Although I have studied with other Qi-Gong masters, Tian Gong has helped me to heal other people. I may know Chinese medicine, but one must go beyond that. First

of all, one must understand that the doctor or healer is only a channel between the celestial beings and the patient. Tian Gong has connected me to these celestial beings so I can be more effective in healing people. Through celestial language and through opening the third eye and celestial auditory hearing, one can facilitate the proper healing to others if they use the proper modality and have the appropriate karma with that person.

Tian Gong has helped me to understand how to be that channel between the celestial world and the patient without having any ego in-

involved in healing. This is an important point because when there is ego involved in healing, this blocks the flow of energy in the healing to the patient. Of course, it helps if the person is open-minded so the flow of energy is not blocked by negative thoughts. Tian Gong is an effective modality for the 21st century. We have to go beyond the drugs and surgeries to another way to heal the body. Tian Gong is that modality that does not harm the body, but rather acts in harmony with the body and the universe.

TIAN GONG: THE INCREDIBLE ACCELERATOR

By: Thomas Matthews,
National Sales Trainer,
October 27, 2004

I attended the A1 workshop with my girlfriend in Union City, California on 5/15/04.

I wanted to inform you that despite my busy schedule as a national sales trainer and a parent of three children, I am deeply immersed in my Tian Gong practice, usually managing 1-2 sessions daily (15-30 minutes each).

It has become an incredible accelerator to the process of purifying and gathering Chi that began in the early 1970's with Kundalini and Hatha Yoga practices.

I feel Tian Gong is truly ancient and sacred, thus I approach it with great respect. It is akin to standing in the Great Halls of Rainbow and Golden Light, both becoming immersed in and gathering from the Sacred Streams and Blessings of the Divine.

I feel and hear the pres-

ence of the Celestial Beings who comprise the lineage and am profoundly grateful.

We both hope to attend one of the upcoming workshops. My deepest thanks to Grand Master, Master Tian Ping, Mary, Donna and everyone involved in bringing this beautiful path to the west

## MY KARMIC DISTURBANCE WAS RESOLVED (NOVEMBER, 2003)

By: Cheryl, Movement Educator, November 2003

Grand Master and Master Tian-Ping attended a regular Tuesday evening Tian Gong group practice in San Francisco. After Grand Master's explanation of how souls create disturbances in people, they pointed out a disturbance in me that evening. I was initially hesitant, but with the help of the masters and the group support, felt safe enough to work with them.

Grand Master asked me if I had back pain, coldness in hands and feet, fatigue, sleep disturbance and depression. I replied that I have had low back pain, hip discom-

fort (especially after a car accident in 1999), low energy and while never formally diagnosed with depression, had felt I was "riding on the edge of it". I had cold hands and a congested feeling in my left temple area.

Both masters reported that I had two souls at the back of me; Master Tian Ping had actually seen them clearly when I first entered the room. The first soul was of a man who had treated a woman badly, and was killed by her. At the time of

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## REPORT FROM CELESTIAL VISION/CELESTIAL HEARING WORKSHOP (12/04- 12/05, 2004)

By: Steven Ginsberg L.Ac.,  
OMD Doctor of Chinese Medicine, December 12, 2004

During the class I received visions and heard the history of the human beings in this galaxy. The following account is what I saw/heard:

I saw that human beings go back very far in this galaxy. Humans have been on this planet for about 2 million years. Before being here, we were on Mars for one million years and then we were on the planet between Mars and Jupiter. That planet became ....asteroid belt. We blew that planet up. At that time there were 20 billion beings there; 8 billion were humans and 12 billion beings were in spirit form. We, the 20 billion beings, now have the karma to repay for this sin or bad karma. Of course, not all of us were actually responsible but our actions of being self-centered were responsible. That is why our minds became grosser and denser as we went from Mars and passed thru our evolution through civilizations of Lemuria to Mu to Atlantis to present

day. After the explosion, some of the beings who were in the spirit form went to Venus or Mercury, Jupiter, Saturn, and all the planets, moon and sun. The humans went to Mars and then to Earth. Some spirits tried to enter the earth plane by coming into animal beings. Those got stuck in the animal plane and their minds became very gross. Thus began the cycle of reincarnation to teach the beings how to be more loving and compassionate and not so self-centered. The reason for religion today is to guide us to get rid of negative emotions. That is why the Earth is suffering today- because of our negative emotions.

I saw back about 3 million years and how the history of human beings developed and why we are here. I understand that my purpose is to help as many beings as possible as we go through this next transformational cycle. This is

why many beings want to come here to evolve beyond the physical form and beyond the dimensional forms. We can make great strides in our own development if we are to help as many beings as possible. This is our karma from blowing up the— planet and reminding us how we always have the choice to go forward or backward in our development. This has happened in Atlantis, Mu, Lemuria and Mars. The karma will continue until we learn. I understand the karma of the beings connected to us now. This is also why the many UFO beings are trying to help us. The change is coming in the next 4-5 years.

Every day more information is given to me. My understanding and compassion grows the more I understand the situation. Thank you.

**"Before being here, we were on Mars for one million years and then we were on the planet between Mars and Jupiter. That planet became ....asteroid belt"**

## MY KARMIC DISTURBANCE WAS RESOLVED (NOVEMBER, 2003) CONT.

(Continued from page 2)

this man's death, his soul searched for a place to go, and had attached to me due to my weak energy. Grand Master and Master Tian Ping negotiated with him and sent his soul on.

The second soul was of my former partner, Steven, who had died in Bolivia in 1975. At the time of his death, his soul attached to me. The Masters informed me that Steven told them he wouldn't leave unless he knew I'd be happy and well. I was slow to comprehend what they were saying, yet eventually felt compelled to find the strength to assure him I'd be Okay. It was clear that his peace- and mine- required it. Given the opportunity to communicate with Steven, I both apologized to him and thanked him for our deep, loving relationship.

Grand Master and Master Tian Ping witnessed the departure of Steven's soul with the assistance of two "happy angels" who carried him upward draped in a red cape. The Masters commented that

such ease in departure is rare, and that Steven had a very kind heart. It was a tender and joyous moment- and an exit so characteristic of Steven!

In the quiet that followed, I felt some sadness for the parting, yet was guided by Grand Master to not dwell on it, but rather accept the healing of the disturbed signs and live from a new sense of wellness.

After the healing, I noticed more ease and fullness in my heart area and changes in my lower back. My kidney area, once tight and full of fear, softened and the energy in my back felt restored. I was able to face life with a more courageous spirit and more expanded energy, able to breathe more easily in the mornings. In hindsight, it is obvious how the disturbed patterns create major obstacles in one's life and block the flow of life. The shift in my life that night taught me how life can be when the natural energy pathways are not disturbed. That evening also serves as a reminder to stay alert so as not to revert to old patterns.

Over the last five months, my daily living is calmer and I am integrating Tian Gong practice into my day. I am gaining more strength and stability. I look forward to cultivating the awareness and attunement of time and intensity that Grand Master demonstrates and guides us toward.

I recognize the value of Tian Gong practice, for it affirms the experience of wholeness and dynamic peace...and benefits all beings. When one applies the principles and practices such as: *smiles; humility; willingness to sacrifice for others; practice in the spirit of community service; and compassion-* all cultivated in our introductory practices, it makes the BEST use of our lives and of the energies offered by Grand Master, Master Tian Ping and the Universe.

With much gratitude to Grand Master and to Tian Gong International Foundation, and deep appreciation for this practice.

Grand Master and Master Tian Ping witnessed the departure of Steven's soul with the assistance of two "happy angels"

## MY PERSONAL EXPERIENCE WITH DISTANT YIN FENG SHUI & IMMOBILIZATION HEALING

By: Janet Orsi, Photographer & Musician, November 2004

I came to the Distant Yin Feng Shui workshop with no expectations. A friend of mine knew I was grieving the loss of my beloved partner of 11 years (after many years of sickness and disease) and had spoken to me briefly about Grand Master's work. I had made many physical changes to my home recently and was not sleeping well, constantly awakened by my loved one's voice and by many disturbing dreams. I

felt there was some energy field pulling me down every moment I was in my house.

As the workshop began, I had difficulty relaxing. But then as Grand Master explained that passed-over souls are in pain and needed to move on, I began to understand and let go. Then he began the cleansing process. With my eyes closed, I saw a ball of swirling, golden light go through each room in my home gathering up bluish-gray matter. I also saw my dog on my bed, looking very alert. I cried as I realized I

must let go and say goodbye to my partner's soul, letting her know that I am okay. A deep peacefulness came over me as I felt Grand Master bless her soul and release her on her journey to a better place, free of pain. Then I felt a vast emptiness inside, with a cold, strong wind blowing through my chest.

Almost immediately, I could see the swirling, golden light come into the top of my head. I watched as it filled every cell in my body. My

(Continued on page 4)

## SOUL CLEANSING/SOUL-RETRIEVAL AND REPAIR

By: Tyla, Massage Therapist, January 2005

Last November, 2004, I flew to California to visit my sister in Santa Cruz. For a birthday present, my sister offered to treat me to one of Grand Master's workshops. I had never heard of Grand Master prior to my visit. I chose to attend the soul retrieval workshop.

I work as a massage therapist, and must share that years ago I had a dream in which I was participating in a class, practicing energy work. In the dream I remarked, "Oh this must be Chi Gong". I had only heard the term "chi gong" once in my life and didn't really have a clue what it meant). In the dream, an Asian female instructor walked solemnly up to me and said, "No. It is Qi Gong". I knew when I woke that I wanted to one day pursue Qi Gong....but where would my teacher be?

My sister and I are both massage therapists. I was so amazed at what happened prior to our attendance at the Sunday morning a.m. soul workshop. The evening before the workshop, we each received cancellations for ALL our Sunday afternoon massages. *That* has never happened before. We were given the opportunity to attend the Sunday afternoon workshops...but I looked at my sister and told her, "I am good. I have had enough for now". By the time we reached her house, I could barely move and collapsed on the sofa. We each fell into a deep, restful sleep. I knew core healing was go-

### MY PERSONAL EXPERIENCE WITH DISTANT YIN FENG SHUI & IMMOBILIZATION HEALING CONT.

*(Continued from page 3)*

body heated up and I saw a golden cushion of light all around me. I felt extremely happy and full of love.

After lunch, I returned for the Detoxification and Total Body Cleansing workshop. When I crossed my arms over my chest, I heard a distinct sound - as if a heavy steel door had slammed shut. As Grand Master immobilized us, I gently floated above my body to watch the process. All of a sudden, a 4" hole opened up in the top of my head and a high-pressured flow of sparkling golden liquid rushed into my body. I watched as it flowed through every cell and blood vessel and through the bottoms of my feet into the earth. My body was in this state for a long time as it was flushed with the golden liquid.

When the cleansing completed, I felt very relaxed and hungry. I saw a huge wall of music off to my right side. My body vibrated with the buzz of my blood rushing

ing on.

One of the things Grand Master mentioned was the forests in Germany and the souls that are hanging around these trees, causing the trees to be ill and die. The following night, I saw this in a dream. I dreamed as I drove a car, humming and looked over to my right to see the souls and the trees. The souls were foggy dim grayish-white and hiding around the trees.

I have dealt with souls before with compassion, but this ability comes and goes. Regardless of what I see or don't see, I pray. Once again, the workshop and dream have validated the multi-dimensional living we are in and the necessity to remain in our center and heart space.

Grand Master said that no matter what natural disasters occur, it is important to remain steadfast, in our centers and to keep our souls with us and strong.

I look forward to more guidance from Tian Gong. I am happy we have those among us who are helping us and helping others in doing the multi-dimensional work. In turn we can do the same. Thank you, dear sister, for a most generous, uplifting birthday gift, for helping me meet an important teacher.

Many blessings to all who read this,

through it. I felt and still experience an incredible surge of creativity. The next morning I noticed my veins on the back of my hands were huge and full of clean, energized life. I have a strong desire once again play the piano, which was my first instrument.

When I entered my house after the workshops, it felt calm and peacefully quiet. My dog was on my bed shaking, so I hugged her to calm her. My body was warm and vibrating. I felt so happy and as if massive amounts of negative chi had been flushed from my home and my body.

In the week since the workshops, I have attended the local introductory Tian Gong Practice group. I have been practicing what I have learned and feel like I am buzzing all the time. I know that my partner's soul is blessed and on her journey to a better place. I bought an electronic piano and play it every chance I get. I have music playing in my head all the time now.

These two workshops have had such a profound effect on me. I feel so blessed and grateful to have had this experience through Grand Master. Thank You.

**THANK YOU GRAND MASTER**

10/22/04

Dear Grand Master Le-Tian,

Thank you Grand Master and Master Tian Ping so much for the KDD workshop held in Marin County, California on 10/17/04. These healings are so interwoven into the fabric of my life, that I find it hard to write about them in isolation, thus I will share personal information relevant to my experience at the workshop.

When Master Tian Ping approached me individually, she asked me about my mother. I told her that she died in 1993 at the age of 62. Master told me that my mother was holding onto me in my shoulder and neck area (she then demonstrated by draping her arms across my chest and back, encircling my shoulders). Master Tian Ping then inquired about pain in the area. I told her that I had developed a hardness in my throat just a few months after my mother died and over the last few years I have developed a congestion in the left side of my head. ( Also, I was diagnosed with cervical spine degeneration in 1989 before my mother's death).

During the group work, Grand Master asked about my relationship with my mother. I responded that it was a loving one yet I didn't know her well. I had moved to California years ago in search of healing from a well-intentioned yet dysfunctional family life. Grand Master asked me if I was willing to allow my mother to leave. I welled up with tears because I had wished I could have helped my mother more in her tormented marriage. I felt sympathy and guilt and was still trying to help her.

Grand Master's response was that I was having enough difficulty maintaining my own well-being, and asked if I really thought I should be trying to care for her as well. He suggested that it would be better for her soul and mine if I would encourage her to move on. He said he would help her find her way. I write this letter just days after the workshop with tears for her, yet do not want to draw her back ( as Grand Master has said can happen). So I pray and trust that her soul will find peace. Instead, I try to find a way to direct this new energy into creative action for myself and for my father who now has bladder cancer and for my sister who has suffered from MS- multiple sclerosis since 1989.

I am once again touched by the profound process with the Masters. I experienced such clarity and compassion from Maser Tian Ping when she described the action of my mother's soul, that it enabled me to receive the information I needed. In the same way, the manner in which Grand Master admonished me for trying to help my mother when my own life isn't stable and then help her soul find its way was absolutely essential in my healing.

My body, life and relationships have been shaped by patterns of fear, anxiety and "unhealthy love" resulting in low energy state and lack of grounding. I have worked with these themes for years, and am grateful for the clear healing of these disturbed signals and for the guidance toward nurturing more functional patterns. It is reassuring to know that Tian Gong practice and your guidance are there to reinforce and strengthen healthier signals for myself – and for others.

Even though I continue to face financial concerns, questions about my family and about right-livelihood and the correct living situation, I feel some shift in relationship to all this. By not returning to old patterns, I can allow myself to participate more naturally in the universe.

Thank you again for your kindness, consideration and for this practice. I look forward to increase in strength and aliveness!

Sincerely,  
Cheryl  
Movement Educator

## KDD TREATMENT HEALS CATS TOO

By: Connie Tritt, CPA, June 2005

For many Americans, our pets are considered members of our families who live in our homes, sleep in our beds and love us unconditionally. Our pets are our companions and friends. In my home, we treat them with respect so that when they are ill or exhibiting unusual behavior, we want to help them heal. Often their problems can't be resolved by traditional medical techniques.

What follows is a story of what happened to our cats.

Rocky and Sadie are cats we adopted from local animal shelters. For most their lives, they urinated in various inappropriate places, ruining our carpets and floors. Every morning, I'd clean up from the previous night, and when I arrived home, I'd again clean up from that day. My husband and I were desperate for a humane solution and frustrated that they couldn't be trained. After over 10 years of companionship with our friends, we considered getting rid of them. Because of their behavioral problem, they would probably have to be put to sleep.

In desperation, I contacted Grand Master. At first I was embarrassed to ask for his help with a problem that appeared so trivial compared to the important matters with which he is normally concerned. However, he explained to me that very recently he had received strong messages from the Universe to show even greater respect for members of the insect and

animal kingdoms, and to help them when he could.

The healing session with Grand Master and Master Tian Ping (who was tele-conferencing from Berlin) lasted over one hour. During the session, the Masters communicated with the Universe and with my cats, Rocky and Sadie.

The masters discovered that the cats were both bothered by passed-over souls (KDD symptoms). For example, when Rocky was young, he had been shut in a dark closet that had several passed-over souls who scared him very much. His anxiety continued to haunt him and caused him insecurity in any environment. Both the masters explained to Rocky that he had no reason to be afraid any longer.

Sadie was being taunted by several passed-over souls who were in our backyard. Because of this, she would not urinate in the yard, and her fear of the passed-over souls made her confused about where to urinate inside the house. Grand Master and Master Tian Ping asked the passed-over souls to leave the yard, which they did.

In addition, both the masters could see that the cats had kidney disease (which was later confirmed by the cats' veterinarian). The kidneys were torn and shrunken with energy holes which caused the cats discomfort and contributed to the urination problem. Grand Master repaired the energy body of the kidneys to help the cats regain their kidney health.

When I returned home, Rocky was playing in the yard in a seemingly good mood. I reassured him that there was no reason to be afraid because Grand Master and the Universe would take care of him as long as he and I were both convinced of the positive effect of the healing.

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That afternoon, he seemed to be genuinely relieved and happy-almost euphoric. Although he continued to urinate inappropriately in the house a few more times over the next few weeks, I spoke to him frequently, reassuring him not to be afraid. The symptoms stopped very quickly and for over one year the inappropriate urination ceased.

Sadie also appeared happy and calmer than usual. I spoke with her about Grand Master's support and she responded well to my assurance that the passed-over souls had left the yard. In addition, I was careful to make sure she had limited access to the area of the yard where the souls had been. Her inappropriate urinating stopped altogether for almost one year.

About one year later, when the symptoms started to return, Grand Master did another remote healing for the cats. They have regained their health and are much happier. I hope to improve my own skills so that I will not need Grand Master's help and be able to directly use energy to help the cats maintain health on my own. Grand Master reminded me that signs of improvement should be documented and to send him progress notes so he could provide on-going support.

In summary, I am sure that the healings provided by Grand Master and Master Tian Ping made substantial impact on the cats. Both are now very happy and healthy. I recommend that if any Tian Gong practitioners are having behavioral or health problems with their pets, that they seek assistance from Grand Master.

Please feel free to contact me if you have any questions about my experiences.

[ctritt@charter.net](mailto:ctritt@charter.net)

## GROUP PRACTICE

### Los Angeles

**Time & Day:** 7:30pm, 1st & 3rd Monday of every month except holidays.

**Location:** Peaches & Cream Day Spa, 138 N. Glendora Ave., Glendora, CA 94741

**Contact:** [tiangongla@yahoo.com](mailto:tiangongla@yahoo.com)

### Marin County

**Time & Dates:** 7:15 pm, First and third Mondays.

**Location:** Woodacre Improvement Club, 1 Garden Way, Woodacre, CA 94973

**Contact:** Kathy (415) 488-1236; [kathyperkins@earthlink.net](mailto:kathyperkins@earthlink.net)

### Sacramento

**Time & Dates:** 7:00pm once a month on Wednesdays.

**Location:** SMUD Technology Building, 6301 S St. Sacramento, CA

**Contacts:** Wendy (916) 419-3338, [wzhang95835@yahoo.com](mailto:wzhang95835@yahoo.com)

### San Francisco

**Time & Dates:** From now to July 26, 2005, 7:00pm every 2nd and 4th Tuesday of the month.

**Location:** First Unitarian Universal Church, 1187 Franklin St. Geary, San Francisco, CA 94109

**Contacts:** Mary (650) 571-5975, [maryho5251@yahoo.com](mailto:maryho5251@yahoo.com) Fay (415) 421-7468

### Santa Cruz

**Time & Dates:** 7:00pm, every other Tuesday.

**Location:** The Garden, 3070 Prather Lane, Santa Cruz, California 95065

**Contact:** Donna Runnalls (831) 475-7006, [lvbridge@cruzio.com](mailto:lvbridge@cruzio.com)



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